

Metrology Systems and Services in conjunction with Lean Sigma Systems are pleased to offer a 2-day training programme titled;

“Teamworking for Competitive Advantage”

Programme Aim

- To recognize how team dynamics are impacted by different personality types and styles, which when managed correctly, result in a highly motivated, performing team.
- Participants will explore the roles of conflict and diversity within the team and how these can be constructively channeled to attain high performance, leading to competitive advantage for their Organisation.

Programme Objectives

On completion of the training programme the participants will be able to

- Identify the critical components which are required for team cohesiveness
- Recognise how different interpersonal styles contribute to the productivity of the team
- Identify the unspoken psychological contract which exists within the team
- Adopt best practice in addressing interpersonal conflict within the team
- Initiate and effect constructive change within the team
- Benchmark the team against the recognized characteristics for High Performance Teams

About the Training Programme

Teamworking for Competitive Advantage is a very interactive programme involving numerous exercises and case studies. Through these activities, team roles, team dynamics, team communications and commitment to team objectives are explored and analysed. It further deals with the benefits of utilizing the diverse range of personality types which invariably exist within the team and outlines how such diversity can be used to develop a highly motivated, energized and challenged team. This programme is particularly suitable for Team Leaders, Supervisors and Team Members who wish to stimulate the on-going and future development of their teams, thereby achieving greater synergy and constructive input from all team members. Teamworking for Competitive Advantage is delivered both in-house and as an open programme as required.

The Trainers

Donal O'Leary B.Sc. C.P.I.M.



A professional trainer with fifteen years experience, he has tutored and mentored extensively in Teamworking and Team Development, Continuous Improvement, Problem Solving and Quality Management Systems Requirements predominantly in the Chemicals, Pharmaceuticals, Medical Devices, Food and Services Industries. He is an approved Assessor with the National Institute of Management U.K. and an accredited Internal Assessor for the European Foundation for Quality Management Business Excellence Model. A Science Graduate from University College Cork, he has presented a large number of City and Guilds, University of Oxford and Irish Management Institute accredited soft skills training programmes; he is also a qualified ISO 9000 Quality Management Systems Auditor.

Jerome Riordan B. Comm. Dip B.C. Dip Int. Psych.

Combining a career which encompassed running his own retail business and latterly through his work as a business mentor specializing in interpersonal differences in the workplace, he has accumulated a large number of clients drawn from both the commercial sector and third level institutes. His particular expertise is in working with attitudinal dimensions of behaviour to enhance performance through teamworking. A Commerce Graduate from University College Cork, he has also completed diplomas in both Business Coaching and Self and Group Psychology.

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